



There are many existing thorough and robust European sport and physical activity policies which enrich the HEPA environment across Europe. It is not the intention of Europe in Action to replicate what already exists, but more so to complement existing policy and assist in implementing recommendations at local and regional level.

TAFISA Mission 2030

TAFISA Mission 2030 "For a Better World Through Sport for All" is the guiding document for a global strategy to fight the worldwide physical inactivity epidemic. The goal is to create a better world through Sport for All, by addressing 12 global challenges.

TAFISA, 2017

Tartu Call For A Healthy Lifestyle

The Tartu Call is a proposal to strengthen the cooperation between different policy areas to promote healthy lifestyles. It included 15 commitments to promote healthy lifestyles through diets, sport, physical activity, education and food.

European Commission, 2017

EU Report "Grassroot Sports - Shaping Europe"

This report provides an evaluation of the place and role of grassroots sport in European society and ideas on how the EU could better support and develop grassroots sport in order to strengthen the network of sports clubs.

European Commission, 2016

EU Physical Activity Guidelines

The EU Physical Activity Guidelines are recommended policy actions in support of health-enhancing physical activity.

European Commission, 2008

WHO Global Recommendations on Physical Activity for Health

The focus of the Global Recommendations on Physical Activity for Health is primary prevention of noncommunicable diseases through physical activity at population level, and the primary target audience for these Recommendations are policymakers at national level.

WHO, 2010

EU Workplan for Sport

This Workplan sets out the key topics which Member States and the Commission should prioritise until 2020: good governance, safeguarding minors, fighting match fixing, doping & corruption; innovation in sport, and sport & digital single market; social inclusion, coaches, media, environment, health, education & sport diplomacy.

General Secretariat of the Council, 2017

Council recommendation on promoting health- enhancing physical activity across sectors

Recommendations for Member States and for the Commission.

Council of the European Union, 2013

Council of Europe: European Sports Charter

The Charter provides guidance for the Council of Europe's member states to perfect existing legislations or other policies and to develop a comprehensive framework for sport.

Council of Europe, 1992, revised 2001