

International
Olympic
Committee

IOC SAFE SPORT





THE IOC SAFE SPORT UNIT



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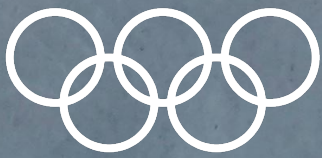
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Athlete
365

OLYMPIC AGENDA 2020+5



OLYMPIC AGENDA 2020+5
15 RECOMMENDATIONS



RECOMMENDATION 5 : FURTHER STRENGTHEN SAFE SPORT AND THE PROTECTION OF CLEAN ATHLETES

Strengthen safe sport/safeguarding
across the Olympic Movement to protect
the physical and mental well-being of
athletes





TWO SAFEGUARDING STRATEGIC INTENTS

- The IOC to inspire and support the Olympic Movement in fostering safe sport and athlete well-being worldwide.
- The IOC to ensure that the Olympic Games are at the forefront in the field of athlete safeguarding and well-being.

IOC AS THE LEADER OF THE OLYMPIC MOVEMENT



- IOC Safeguarding Officer certificate (2021 and 2022 cohorts):
 - 156 students from 66 countries
 - 47 NOCs on O.S Scholarship (23%)
 - 77% of students from NOCs; IFs or NFs
 - 87% directly responsible for safeguarding policy
- Continuous support to IFs and NOCs
- Athletes' Commissions Safeguarding Education
- Development of mental health strategy and further resources
- Continuous support to Olympism365 activities and projects
- Establishment of Safe Sport systems and structures at regional level

THE IOC AS OWNER OF THE OLYMPIC GAMES



- Update of the IOC Safeguarding Games-time frameworks for OG and YOG (2023)
- Embedding safeguarding in other Operational Policies and Guides
- IOC Young Elite Athlete Consensus 2023
- IOC Safeguarding in Sport Consensus 2023
- Implementing safeguarding and mental health programmes at OG and YOG
- Dedicated Safe Sport areas at the Olympic Villages
- New Safeguarding and Mental Health courses for athletes and their entourage



RESOURCES





Safeguarding Athletes from Harassment and Abuse

For: Athletes & Entourage

- Led by experts and athletes
- Free to take and to share
- Certificate of completion



IOC Female Athlete Health

For: Female Athletes & their Entourage

- 13 interactive modules
- Free to take and to share



Draw the Line

For: Athletes

- Interactive scenario-based learning
- Focus on different forms of harassment and abuse
- Certificate of completion



IOC Consent in Sport

For: Athletes & their Entourage

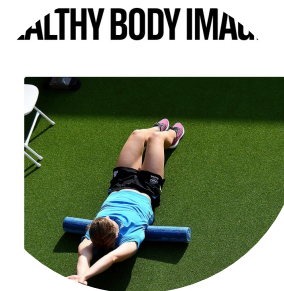
- 13 interactive modules
- Educational resource to understand the concept of consent and help recognise breaches
- Available in the Athlete 365 page



IOC Sexual Harassment & Abuse

For: Athletes, Entourage & Sports Organisations

- 9 interactive video clips
- First person accounts
- Free to take and to share



Healthy Body Image

For: Athletes, parents and coaches

- Video series
- Focus on healthy eating and exercise habits



IOC Safeguarding Toolkit
For: IFs, NOCs, NPCs and NF, clubs, athletes and entourage



IOC Safeguarding Webinar Series
For: NFs
 - 9 webinars by National Olympic Committees



IOC Safeguarding Webinar Series
For: IFs
 - 10 webinars by world leader experts



IOC Certificate: Safeguarding Officer in Sport
For: IFs, NOCs, NFs
 - 7 modules by world leader experts
 - Lectures and assessments



IOC Safe Sport Entourage Fact Sheet

Performance

For: on the field coaches, sport scientists, trainers, etc



IOC Safe Sport Entourage Fact Sheet

Health and well-being

For: doctors, physios, counsellors, health professionals



IOC Safe Sport Entourage Fact Sheet

Sports Organizations

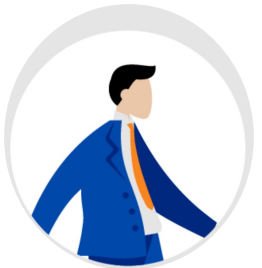
For: NOCs, IFs and NFs



IOC Safe Sport Entourage Fact Sheet

Family and friends

For: parents, partners, friends and siblings



IOC Safe Sport Entourage Fact Sheet

Legal and commercial

For: lawyers, agents and sponsors



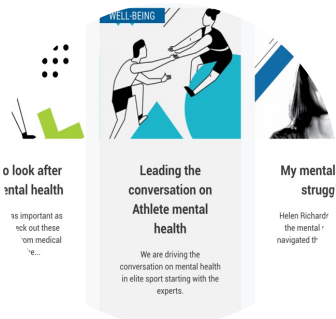
IOC Mental Health In Elite Athletes Toolkit

For: IFs, NOCs, NPCs and NF, clubs, athletes and entourage



IOC Mental Health Certificate & Diploma

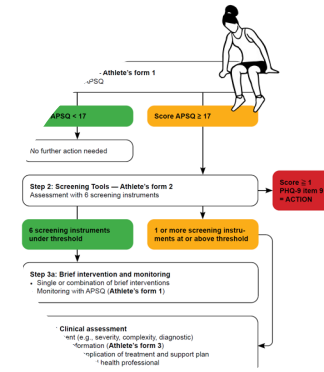
For: Athletes' entourage, sports medicine physicians, psychiatrists, and other qualified mental health professionals



#MENTALLYFIT

For: Athletes

Tools and education to support athletes with their mental wellness



Sport Mental Health Assessment Tools

For: SMAHT - sports medicine physicians, psychiatrists, and other qualified mental health professionals

SMHRT – for athletes' entourage

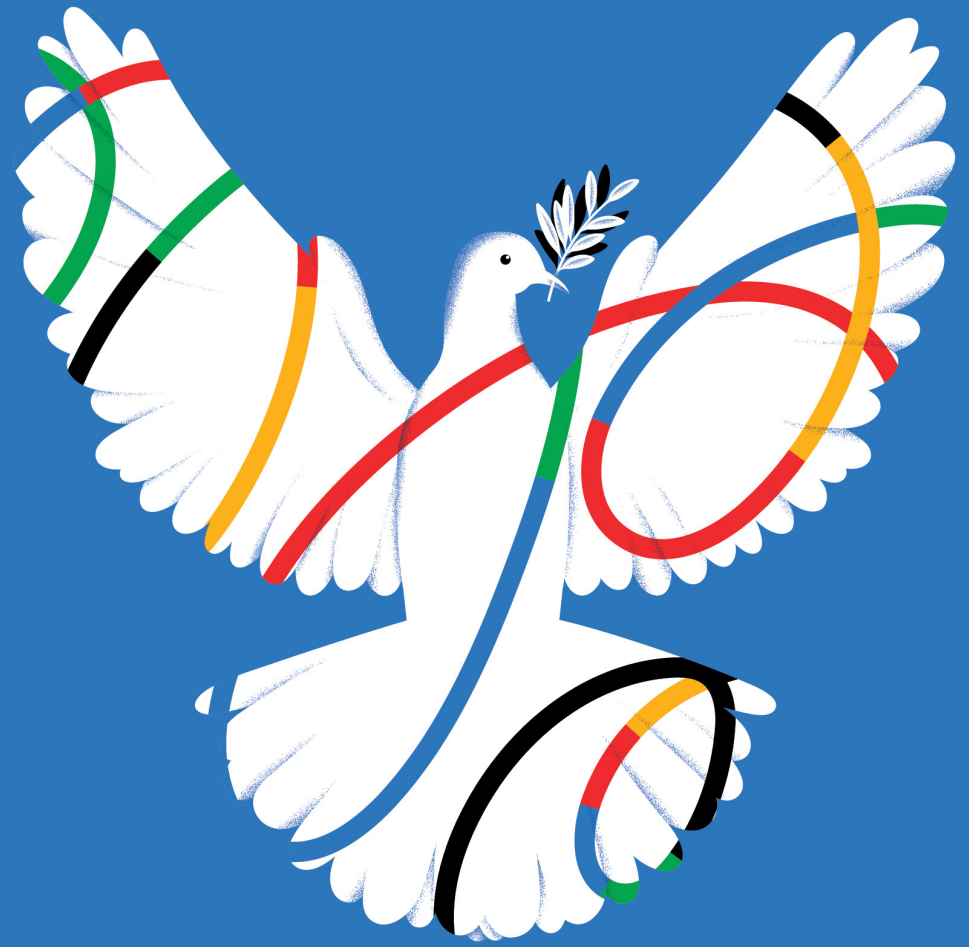
FRIENDSHIP

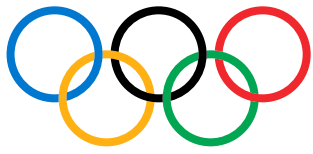


EXCELLENCE



RESPECT





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